

mock it till you ROCK IT

new mexico

Mock Interviews for New Mexico High School Students

As part of Governor Michelle Lujan Grisham's initiative to increase Youth Career and College Readiness Opportunities, the New Mexico Department of Workforce Solutions and New Mexico Workforce Connection Centers will be encouraging and supporting high schools around the state in providing mock interview opportunities for students.

***Your mission, if you choose to accept:
PLAN, PREPARE, and HOST a successful Mock Interview event for your students.***

Guidelines for New Mexico High Schools

PLAN

Reach out to the New Mexico Workforce Connection Center in your area – they are ready and available to help support your event.

- Become familiar with the Mock It Till You Rock It! Toolkit that NMDWS is providing to all New Mexico high schools.
- Select a date for your Mock Interview event – we suggest that your event take place during the month of **March**, but please select the date that works best for your school and community needs.

PREPARE

- Host pre-events (such as resume building activities, interview skill building, and professionalism classes) so that students are prepared for the Mock Interview Event.
- Solicit local business and community leaders to participate as interviewers.
 - Smaller communities – reach out to the New Mexico Workforce Connection for assistance in recruiting interviewers.

HOST

- Determine number of partners based on size of school/number of students participating
- Coordinate according to community need:
 - Host your entire school, or focus on having students in a specific grade participate.
 - Host an all-day event, or during specific class periods.

*The goal of **Mock It Till You Rock It!** is to provide students throughout New Mexico with the opportunity to enhance their soft skills, and to help reduce the stress and anxiety that may surround a young person during their first interview, whether it's for college or a career. We hope to boost confidence by acknowledging strengths during interviews, along with providing constructive feedback in a low-stress environment.*

Please join us!



www.dws.state.nm.us/MockItTillYouRockIt
#MockItTillYouRockItNM

New Mexico
Workforce Connection
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